ANIED: Advancing Diabetes and Endocrinology Nursing in Italy

Diabetes and endocrine diseases represent a growing challenge for healthcare systems, requiring integrated, patient-centred, and multidisciplinary approaches. In this context, nurses play a key role in chronic disease management, therapeutic education, and continuity of care across hospital and community settings.

The Italian National Association of Nurses in Endocrinology and Diabetology (ANIED), founded in Turin in 1999, is a scientific association dedicated to recognising the complexity and specificity of nursing practice in endocrinology, diabetology, and metabolic diseases. Its mission is to promote professional development, support the advancement of specialised competencies, and strengthen the professional identity of nurses working in this field.

ANIED carries out a wide range of activities, including the organisation of national congresses, educational events, and continuing professional development programmes, as well as the production and dissemination of scientific materials and support for research initiatives. It contributes to innovation in clinical, organisational, and educational domains.

In collaboration with academic institutions, A.N.I.E.D. promotes postgraduate education and the development of structured care pathways, particularly in chronic disease management and diabetes-related complications, fostering interdisciplinary collaboration and national networking among healthcare professionals.

Despite its achievements, challenges remain, including the need to further develop the association itself, as raising awareness among nurses about professional associations is particularly difficult in the current socio-economic context, alongside the need for stronger recognition of advanced nursing roles. Future perspectives include strengthening care pathways, expanding educational and research activities, and enhancing the visibility of nursing competencies at both national and European levels. In this context, A.N.I.E.D. aims to support professional development, foster innovation, and contribute to the evolution of endocrine and diabetes nursing in response to increasingly complex healthcare needs. Through shared knowledge and international collaboration throughout Europe, significant progress can be achieved in strengthening the specialist role of diabetes nursing and advancing professional practice. We are pleased to offer our collaboration.

BIOG

Valentina Espis, MSN, MEndo, is a Nurse Specialist in Endocrinology and Metabolic Diseases and Lead for Community Endocrinology Care Pathways at the Local Health Authority of the City of Turin, Italy. Her clinical and professional focus includes diabetes and endocrine disorders, with expertise in the design and implementation of care pathways, including diabetes-related complications, group education, and continuity of care between hospital and community settings. She is a member of the Scientific Committee of the Italian National Association of Nurses in Endocrinology and Diabetology (ANIED), where she serves as International Relations Lead, and a member of the European Society of Endocrinology Nurses Committee (ESE).