

## **Dulce Nascimento do Ó**

### **BIOG**

Graduated in nurse, Specialist in Community Nursing and Master in Public Health and PhD in Public Health-National School of Public Health (Nova University), with the thesis on Health Literacy and Diabetes.

Nurse coordinator of the Department of studies, projects and clinical trials and Project Manager at APDP – Portuguese Diabetes Association.

Coordinated and participated in national and international projects related with prevention and treatment of diabetes or other NCDs, health education, health literacy, behaviors change, adherence and participatory methods in into planning, implementation, and evaluation. Co-coordinator of the Diabetes Education Study Group of SPD – Portuguese Diabetes Society