

## **BIOG**

### **Hellena Habte Asres**

Hellena Hailu Habte-Asres is a Doctoral Research Fellow in the Faculty of Nursing, Midwifery, at King's College London, a Deputy lead specialist nurse in diabetes at Royal Free London NHS Foundation Trust and Shuri Network NHS England Digital Fellow. In 2008, Hellena received her first degree in Adult Nursing from City University in London. She graduated with Master's Degree in Advanced Practice Diabetes Care from King's College London University in 2013.

Hellena is a Non-medical prescriber. She has extensive experience providing specialist diabetes nursing care in inpatient and outpatient settings. Over the years she has set up a nurse-led renal diabetes clinic and led and successfully secured NHS England's bid for a Diabetes inpatient nursing project for Northcentral London. In 2018, she was awarded a FEND Doctoral Fellowship to undertake Ph.D. research and training at King's College London. She has been awarded the Montague station research scholarship three years in a row to support her Ph.D. research project. Her clinical and research interest include diabetes and kidney disease.