

*FEND aims to promote the role of the diabetes nurse in Europe. One of our principal goals is the ongoing development of training programmes for such nurses.*

## King's College London

The ENDCUP programme is hosted by King's College London (KCL). KCL is one of the top 25 universities in the world and is located in the heart of London on the Southbank of the River Thames. KCL and its clinical partners (King's Health Partners) have an international reputation in developing and delivering high quality diabetes care. KCL has been at the forefront of developing clinical innovations for people with diabetes. Many of these innovations have been nurse-led and include the development of structured education programmes and psychological interventions in diabetes. The programme at KCL will be taught by internationally recognised diabetes clinicians and academics.

## Accreditation

KCL will accredit the programme providing a Post-Graduate Certificate in the first instance with options to go on to a PG Dip/MSc). The programme is ECTS accredited.

The programme is also endorsed by FEND. FEND have set out a framework outlining the core requirements for the training of diabetes nurses. This framework aims to enhance the nurses' professional role, providing a degree of transparency to their qualifications and enhancement of their clinical, educational and research skills.

## Aims of the Programme

- Extend the clinical and physiological knowledge, and improve and develop good clinical nursing practice in diabetes, which is patient centred and evidence-based.
- Develop an appreciation of diabetes in the context of other linked disorders.
- Promote a critical evaluative approach to knowledge, theories and current research about the aetiology, epidemiology, altered physiology, metabolism, nutrition, clinical features, treatment and long-term complications of diabetes.
- Develop a critical evaluative approach to knowledge, theories and current research about the perspective of the patient and the importance of the social context.
- Enable nurses to acquire and develop the necessary communication skills to share their knowledge and experience with other professionals at all levels of healthcare.
- Develop and acquire consultative and teaching skills for patients and their families.
- Develop and acquire skills in how best to organise and deliver diabetes care.
- Appreciate the impact of the disorder on family dynamics and society and healthcare provision.
- Raise awareness of the targets set by the St. Vincent Declaration (1989) and/or national diabetes plan. To promote collaboration to achieve these goals.
- Facilitate nurses in Europe to acquire the knowledge, skills and confidence needed to promote the development of accredited training courses for nurses specialising in diabetes in their countries.

## Programme Learning Outcomes

Students will:

- Understand the impact of Type 1 and Type 2 diabetes mellitus on health.
- Understand the altered physiological response in Type 1 and Type 2 diabetes mellitus and be able to evaluate how this is affected by risk factors and therapies.
- Understand and appreciate the roles of other professionals in the care of diabetes mellitus.
- Be able to demonstrate by the use of clinical examples how diabetes mellitus affects the individual's psychological, physical and social well being.
- Be able to demonstrate skills involved in the effective communication of information by written, oral and visual means and with the use of appropriate teaching aids.
- Be able to be critical when appraising current research and to relate findings to practice in order to improve care.
- Be able to facilitate development of FEND accredited courses to train nurses to be specialists in their own country.
- Be able to facilitate development of diabetes care systems.
- Be able to generate a network of diabetes specialist nurses in Europe.

# EUROPEAN NURSES DIABETES COLLABORATIVE UNIVERSITY PROGRAMME (ENDCUP) DIABETES CLINICAL CARE AND MANAGEMENT PG Cert PG Dip or MSc



## Selection Criteria

- You must be a Registered Nurse and have a degree from a recognised institution.
- You must have a minimum of 2 years experience in diabetes care, and 50% of current working time must be exclusively in diabetes care
- **You must be a current member of FEND**
- Written consent of your head of dept. agreeing to study leave, personal travel costs and administration fee
- You are required to be competent in English language both written and verbal, and agree to a telephone interview if required. If English is not your first language, you will need to hold a formal English language qualification, such as IELTS with a minimum score of 6.5 (or the equivalent).

## Selection Process

The selection process is in two stages:

- 1) University selection (KCL)
- 2) FEND selection

You will be advised at the first stage whether you will be allowed to proceed to the second stage selection process.

Neither FEND nor KCL are permitted to enter into correspondence regarding non-acceptance of applicants.

## University Selection

Applications are made online at <https://myapplication.kcl.ac.uk>, and must be submitted before the closing date (29 March 2019).

You must complete the form as fully as possible. In particular please provide a clear and complete history of your training and higher education to date. A well written 200 word personal statement will also support your application.

## Course Work

The programme consists of two compulsory 60 credit modules run over two years.

- Module 1 (Clinical Care & Education)
- Module 2 (Research)

Each module starts with five taught days at KCL and then extensive e-learning and online teaching through discussion boards and online seminars. Students are expected to have a degree of competence with computer technology.

## Course Costs

The course & accommodation costs are funded by FEND. Registration fee and travel costs are the responsibility of the course participant.

## Further Information

The provisional date of the next planned course is from 8 to the 12 of July 2019. Please contact the programme leader Professor Angus Forbes [angus.forbes@kcl.ac.uk](mailto:angus.forbes@kcl.ac.uk) or Dr Haya Abu Ghazaleh [haya.abu\\_Ghazaleh@kcl.ac.uk](mailto:haya.abu_Ghazaleh@kcl.ac.uk) for further information.

## FEND Membership

If you wish to apply for the course and you are *not* a member of FEND, you must join using the membership application form which can be obtained from the **website [www.fend.org](http://www.fend.org)**

## FEND Mission Statement

- To promote acceptable standards and equity of care for people with diabetes throughout Europe
- To develop and promote the professional role of the diabetes nurse in Europe
- To influence European health care policy relevant to diabetes care, education and research
- To co-operate and collaborate with national and international health care organisations

## FEND Sponsors

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