

ABSTRACT

MAGIC (Managing abnormal glucose in cystic fibrosis) - the development of a self-management education programme for people with cystic fibrosis diabetes

Dr Sarah Collins (BSc, MSc, PhD)

Sarah's talk will focus on the programme of work involved in developing the MAGIC programme.

BIOG

Dr Sarah Collins (BSc, MSc, PhD)

Sarah is a cystic fibrosis specialist dietitian. She has worked at the Royal Brompton and Harefield NHS foundation Trust with adults who have cystic fibrosis for over 20 years. Through her work she has gained knowledge and expertise in many clinical areas and has a particular interest in the management of cystic fibrosis diabetes.

In 2015 Sarah was awarded a HEE/NIHR Clinical Doctoral Research Fellowship. Her research developed an evidence-based self-management education programme for people with cystic fibrosis diabetes. The MAGIC programme is grounded in evidence generated from a qualitative systematic review and an empirical interpretative phenomenological analysis study. It was developed through co-design processes by a stakeholder group consisting of people with CFD and healthcare professional expert in the management of CFD.