

## CONVERSATION CARDS – SUPPORT FOR RAISING ISSUES AND CONCERNS OF PERSONS WITH TYPE 2 DIABETES

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## Aim

To evaluate if integrating Conversation Cards into the annual diabetes status visits support persons with type 2 diabetes in bringing forward diabetes-related issues and concerns to the agenda.

## Methods

### Survey

Participants responded to a questionnaire after the consultation with the nurse. Survey data were collected from participants both using and not using the Conversation Cards.

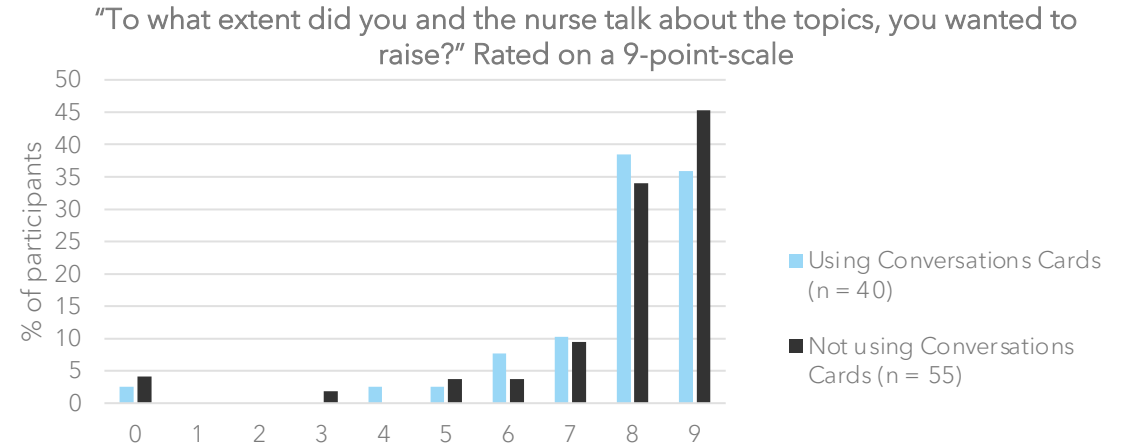
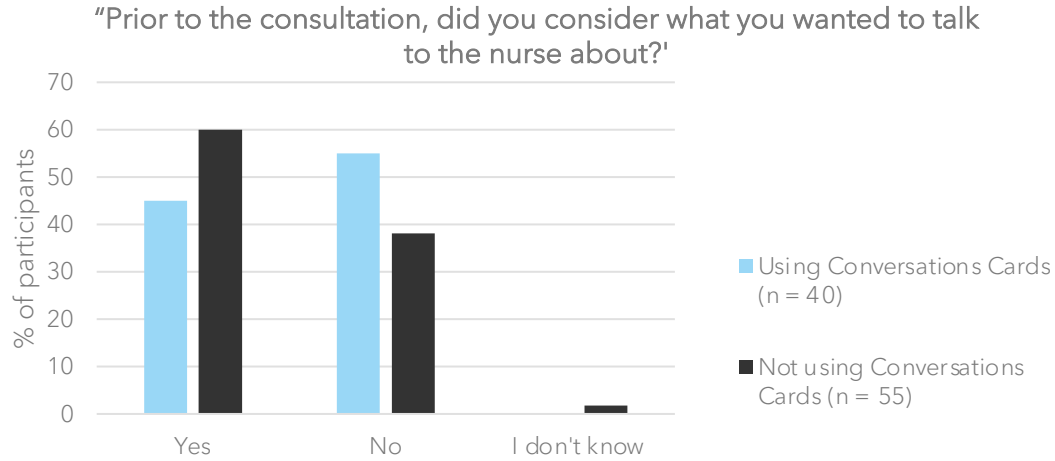
### Semi-structured interviews

Interviews were conducted with participants who were introduced to the Conversation Cards.

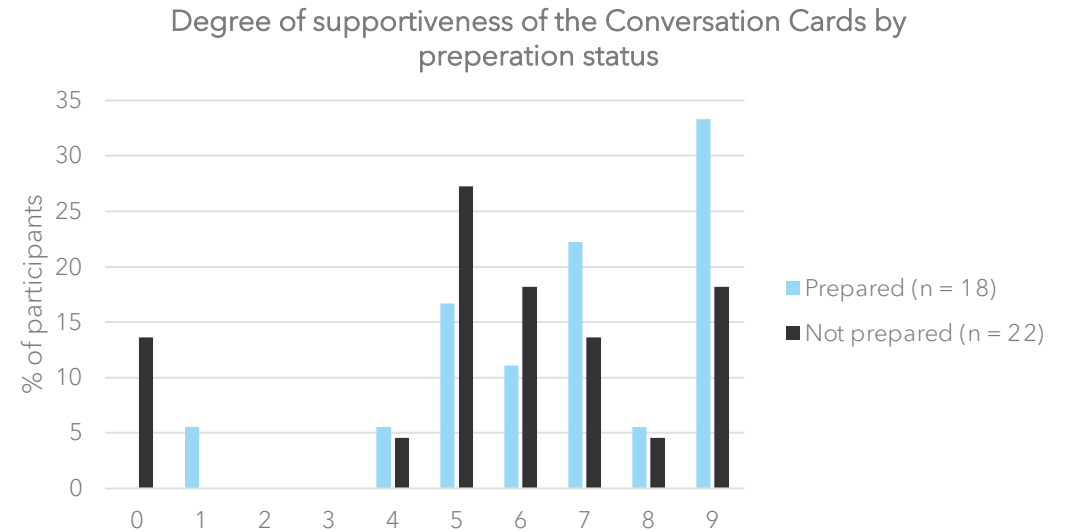
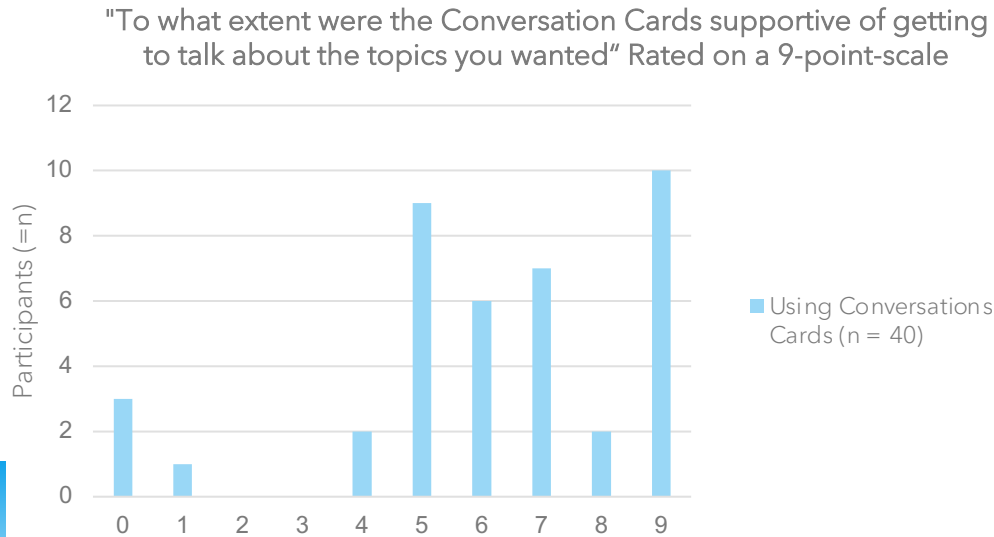


Conversation Cards - a set of visual cues of diabetes-related topics

## Results Using vs not using the Conversation Cards



## Results Using the Conversations Cards



## Results [Semi-structured interview](#)



### Patterns from the 20 interviews

- If diabetes related issues were evident, the participants would bring up these issues during the consultation, independently of the Conversation Cards.
- Conversation Cards worked well as a [reminder](#) and were an [inspiration](#) to raise issues they had not thought of as diabetes related.
- The participants [felt more responsible](#) to be active in the conversation.

# Conclusion



Almost half of the participants did not prepare for the consultation. Independent of the Conversation Cards, the participants found that relevant issues were raised. The Conversation Cards were inspiring and increased engagement in the conversation.