

FEND 2021

Keynote: 'Ten years of FEND ENDCUP at King's College London, Past, Present and Future'

BIOGRAPHIES:

Kirsty Winkley

Kirsty is a diabetes nurse and health psychologist based at King's College London where she is Reader in Diabetes & Primary Care. She also works clinically as a diabetes specialist nurse within primary care. Her expertise is mainly centred on supporting people with Type 2 diabetes. Her research interests include structured education for diabetes and how to improve attendance and developing psychological interventions that support diabetes self-management, including insulin initiation and ongoing treatment. She is the programme lead for the newly re-launched MSc Diabetes: Clinical Care and Management at King's College London, UK.

Haya Abu Ghazaleh

Haya is a Teaching Fellow at King's College London (UK) where she contributes in the provision of education to undergraduate and postgraduate Nursing students; particularly in her areas of expertise including pharmacology and research methods. She is also part of the teaching team that supports the delivery and assessment of the MSc Diabetes: Clinical Care and Management programme at King's College London. Her research interests include the development of m-health interventions for smoking cessation in smokers with Type 2 diabetes. Other research interests include examining the impact of insulin-induced lipohypertrophy on diabetes outcomes.

Ana Cristina Dias da Silva Paiva

Diabetes Specialist Nurse and Coordinator of Medical Specialties Department at Associação Protectora dos Diabéticos de Portugal, and trainer in courses for Health Professionals and People with Diabetes /Family and collaborates as a Researcher at APDP-ERC.

Member of the Executive Committee of the Foundation of European Nurses in Diabetes (FEND).

Participated in the FEND European Nurses Diabetes Collaborative University Programme in King's College of London, completing a master's degree in "Diabetes Clinical Care and Management".

Member of the Diabetes Nursing, and Diabetes Education Study Group at SPD, and of the executive committee of the Worldwide Partnership Program: Cities Changing Diabetes (CCD).

Sue Holleman

Sue is a Diabetes Nurse at Diabeter, a specialized treatment centre for type 1 diabetes with five clinics in the Netherlands. She completed her MSc. Diabetes Clinical Care and Management (ENDCUP) in 2019 focusing on type 1 diabetes and breastfeeding support. Her professional involvement includes serving on the Guidelines Commission of the Dutch Diabetes Nurse Organisation (V&VN Diabeteszorg) and participating in various national guideline workgroups and review committees. She is passionate in adopting a patient-centred care approach, enabling those living with diabetes to achieve independence. She has an international background: South Africa, UK and now the Netherlands.

SUMMARY

The MSc Diabetes: Clinical Care and Management programme at King's College London is a 3-years part-time programme that is delivered by clinical experts and researchers in the field of diabetes. The MSc programme was first conceived in 2010 by Professor Angus Forbes with the aims of providing an educational framework to expand the nurses' professional role by empowering them to demonstrate generic transferable competencies in delivering diabetes care and equipping them with the knowledge and skills to conduct and interpret research in the management and provision of care in diabetes.

In this presentation we will present some of successes of the programme. Specifically, we will hear from how the programme has supported 2 alumni in their careers:

- Ana Cristina Paiva, Portugal
- Sue Holleman, The Netherlands

The MSc Diabetes: Clinical Care and Management programme, FEND European Nurses Diabetes Collaborative University Programme (ENDCUP), has evolved over the years. We are excited to share with you how it has been updated to meet the current needs of diabetes health professionals.