

Prof Angus Forbes
Three Strategic Pillars of EUDF (3) Integrated Care

TITLE: Integrated care: stimulating integration at the personal, health professional and system levels- an update from the European Diabetes Forum project group on care integration in Europe.

ABSTRACT

Care integration has long been identified as having an important impact on the quality, efficacy, and efficiency of diabetes management. While a number of models and pilot programmes have shown the benefits of integrated care in diabetes, the experience for many patients and health professionals is that there are still significant deficits in the level of integration across care systems. In part this reflects the divergent organisational infrastructure, determinants and resources for diabetes care across Europe. The failure to enhance care integration results in inefficiency and suboptimal clinical performance, driving up care costs and increasing the health burden on people living with diabetes.

The European Diabetes Forum have set a group to develop strategies for enhancing integrated care. The group are identifying strategies focused on how to enhance care integration at the patient, health professional and system levels. The focus at the patient level is on identifying a framework to ensure a patient centred approach across the life span. Consideration is also being given to: the use of technology; addressing inequalities in diabetes care; and ensuring that psychosocial as well as metabolic health outcomes are addressed. For health professionals the focus has been on supporting integrated care models and pathways; introducing strategic and personalised care models, rather than following routines; and enhancing communication skills. At the system level we are considering how to construct transferable principles that can be applied across divergent health systems. This includes system level learning models and strategies to incentivise care integration. In this presentation Prof. Forbes who is chairing this group will give an overview of some of the ideas emerging from the group.

BIOG

Professor Angus Forbes holds the FEND Chair of Clinical Diabetes Nursing at King's College London and has an honorary post as a specialist diabetes nurse at King's College Hospital. Prof Forbes is an active researcher with multiple publications in diabetes, some current and previous projects include: a pan European survey of diabetes nurses on the impact of COVID-19; diabetes prevention in women with GDM; preconception care in women with Type 2 diabetes; evaluating a psychologically modelled education intervention for young people with Type 1 diabetes; developing supportive interventions for adults with new-onset Type 1 diabetes; the relationship between cognitive impairment and diabetic retinopathy; glycaemic variability and mortality and older people with diabetes; the impact of

lipohypertrophy on glucose variation in people with Type 1 diabetes; and a trial of virtual clinics to improve primary care based diabetes outcomes.

Clinically Angus runs a motivational enhancement clinic for people with Type 1 diabetes. He also leads on the diabetes MSc programme and has a number of funded PhD students. He has contributed to national guidelines for older people in hospital, end-of-life-care; and dementia care for people with diabetes. Angus is a past vice-president of the International Diabetes Federation, and his previous positions include: senior lecturer in diabetes at King's College London; a lecturer in health services research at University College London Medical School; and a health visitor and district nurse in East London.